

Hornsea United Reformed Church



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July 2019

Week at a Glance, Church Records, Lectionary 2

Sunday	10.30	Morning Worship with Junior Church for children of all ages, and crèche. Coffee etc. served at close of Worship. Communion: 2 nd Sunday at 10.30 a.m.
	6.30	Evening Worship 1st Sunday at the Methodist Church 3rd Sunday in the URC (includes Communion)
Tuesday	9.15 to 12p.m.	Open House (in term-time)
	7.00 p.m.	Faith and Fellowship
Wednesday	2.00 p.m.	Friendship Hour (10 th and 24 th)
Thursday	10 a.m. to noon	Coffee Morning
Friday	6.00 - 7.30 p.m.	Pilots (in term-time)

FUNERAL

6th June: Stella Wallace
20th June Edith Gillott

Hornsea URC Worship Plan

7th The 10 Commandments
14th The Lord is my Shepherd ©
21st Getting back to the right Path when you are lost
28th Trust your guide

Lectionary for July

7th Isaiah 66.10-14 Psalm 66.1-9 Galatians 6.(1-6),7-16 Luke 10.1-11,16-20
14th Deuteronomy 30.9-14 Psalm 25.1-10 Colossians 1.1-14 Luke 10.25-37
21st Genesis 18.1-10a Psalm 15 Colossians 1.15-28 Luke 10.38-42
28th Genesis 18.20-32 Psalm 138 Colossians 2.6-15,(16-19) Luke 11.1-13

Dear Friends

Jesus said, "Love the Lord your God with all your heart and love your neighbour as yourself."

In the diverse world in which we live, loving our neighbour is not always an easy thing to do. Even closer to home we are all different and have different ways of doing things.

Let's say, I live on a street and we all keep our gardens tidy and looking good, except for one neighbour, their garden is overgrown and untidy. It spoils the look of our neighbourhood. I could complain about it to all the neighbours, or I could report them to the letting agents, or I could get to know them and see if there is anything I could do to help.

Its easy to see which of these options fit loving my neighbour.

But loving our neighbour requires not just our deeds but our words and thoughts as well.

We read: *...may the words of my mouth and the meditations of my heart be acceptable in Your sight...*

Love must be at the centre of all we do and think.

What does this love look like?

Well as usual we have the answer in the Bible; 1 Corinthians Chapter 13 tells us: *Love is patient and kind; its not jealous or conceited or proud; love is not ill-mannered or selfish or irritable; love does not keep a record or wrongs; love is not happy with evil but is happy with truth and justice; love never gives up.*

If this amazing love could be at the heart of all we say, do and think this month, we would truly begin to grow Gods Kingdom here on earth. It won't be easy, and we will fail at times, but we have a loving and forgiving God so why wouldn't we want to try our best for Him.

Carol Rutherford

Prayer Partners

The team are having a break but will return for a second innings soon! We have been meeting for some months, in pairs, to pray with and for each other. At the moment we are taking a break, but will restart at the beginning of September. If you would like to find out more, and maybe join us when we start again, do have a chat with me.

Jean Barrett

“Essential for the Journey”

Over the past months our worship plan has been to follow and develop a theme – starting with the “Lord’s Prayer” and then the ‘I Am’ series. For the month of July we are looking at some “Essential” Bible passages that every Christian should know to help prepare themselves for the journey ahead.

Like any journey we undertake there are essential things we need to have. For example if we are travelling abroad we need a passport and relevant currency, if on a trek across the moors we need strong walking boots, waterproofs, map and compass etc.

In this series we are talking about the essentials for our spiritual journeys. We’re taking a look at five essential Bible passages that every Christian should know for a healthy, meaningful spiritual journey.

The first “Essential for the Journey” we looked at in June was **‘God is the Creator of everything’ Genesis 1:1 – 2:3**. As we move on into the rest of Genesis we learn that humankind falls from perfection by choosing to disobey God. In **Exodus 20** we see where God gives the second essential for our journey **‘The 10 Commandments.’**

There are seasons in life, when it doesn’t matter how well prepared or well equipped we are, the storms of life will hit us so hard we won’t know what happened. The third “Essential for the Journey” is **Psalm 23**. It is and has been a source of encouragement for generations and will continue to comfort and encourage for generations to come until Christ returns.

Along our Spiritual journeys wandering off God’s path and getting disoriented and lost out into the weeds in one way or another is inevitable for all of us. We make a poor choice or a series of poor choices and suddenly we look up and look around and realise we’re way off the path God wants us to be on. The help we need to **get back on the right path** is found in **Psalm 51**.

When we are trying a new skill or activity we rely on the instructor to keep us safe. After a few weeks of practising jumping off a school stage in preparation for a parachute jump I really had to trust our instructor and do exactly what he said when it came to the real thing. If you want to maximise your joy and avoid common hazards ...then you need to **trust your guide**. This essential is found in **Proverbs 3:5-6**

Stella Wallace

A constant memory throughout Stella's life was love – love given and love received. It somehow epitomised her gentle graciousness, her tolerance and her acceptance of others.

Born in Hull, her early life with her Mum was spent with Mr and Mrs Colgrave who became like her parents – much loved, as she was by her 'step dad' Dickie.

After school she trained as a hairdresser and with her friend Audrey set up a hairdressing salon on Chanterlands Avenue which did well. She married and had a daughter, Christine and her family grew with three grandchildren and then six great grandchildren – always a delight and source of joy. Their visits brightened her day.

The happiest days of her life were spent with Eric working together on their small holding at Sunny Close, in Great Hatfield.

They moved to Hornsea and opened a convenience store opposite the Mere entrance and later did the same at the camp site on Cliff Road – these too were happy days.

It was a devastating blow when Eric died fourteen years ago but she had her family and friends and support of the church through the Ladies Social Hour, as it was then called, Thursday Coffee Mornings and Sunday worship. She became a member of the church and fully contributed to our life together being a great encourager and so appreciative of all that people did. She had her standards and values but never judged others – always wanting people to be themselves.

A lovely lady whose smile said it all.

Thank you

Margaret Hodgetts says, “Thank you very much for the lovely flowers and kindness I received on my recent bereavement”

and Beryl Wilson also sends her gratitude for the lovely messages of support she has received over the past few months.

Amber-Louise

Shamwari game reserve

I recently returned from Shamwari game reserve in South Africa. I was on a two weeks conservation experience with Bishop Burton college. I did a wide range of activities including night patrol, alien plant removal (plants that are not native to South Africa), erosion control and elephant and rhino monitoring.

Night patrol was where we went around the park with torches to put off people from poaching, as it was a full moon which is known as a 'poachers delight' in south Africa they are less likely to be spotted due to them not needing torches.

One of the highlight for me was seeing elephants and rhinos in the wild because sadly one day they might not be any left in the wild. Rhino horn at the moment is worth more than gold or cocaine. Four rhino a day get poached in SA and this is increasing on a yearly basis and it is the same with elephants.

I also went to the animal rehabilitation centre that had only just opened and saw two baby elephants that had lost their mothers due to poaching. Hopefully in the future they will be returned to the wild, by which time I hope the poaching will have gone down.

We also visited the Born Free Foundation to observe the lions.

Our community work involved repairing roads, helping at a local nursery and playing against the local girls football team called Alice dale; they thrashed us!!

I learnt a great deal from my time in South Africa and it was a great experience seeing what the rangers do in the reserve and their battle to keep their animals protected. Seeing them teaching the next generation about how important it is to protect these beautiful animals is amazing. I will remember this for the rest of my life and will pass on my knowledge to who every I meet.

Please remember all animals in danger throughout the world in your prayers.

I am doing a talk about my trip to South Africa at the friendship hour on 21 August to which you are all very welcome so come and see some of the pictures.

Quiet Days - a gentle way in

As we have another quiet day planned on **Saturday 13th July**, I thought I would share the following words, which are part of an article by Mike Playton on www.urb.org.uk.

He describes his first ever Quiet day and says-

“We were invited to ponder a Scripture passage in the silence. This was not something I was used to. I found my thoughts jumping around all over the place. I kept telling myself that I needed to get back to the Scripture passage but I just couldn’t hack it. I just couldn’t do what I thought I was supposed to be doing. I then walked around the corner in the grounds and saw one of the group sitting on a swing, just swinging back and forth. The penny dropped. I didn’t have to worry about getting the meditation right, I simply needed to relax, let go, just to be...”

He concludes-

“If silence is to be part of our Christian life, we must use it creatively, and that means we are to put aside any idea that somehow silence has to be ‘useful’. We are to hand it over to God, wait for God to lead, to speak, to put ideas, thoughts and prayers into our minds. It is here that the psalmists urging ‘be still, and know that I am God (Psalm 46:10) is so important”.

News from the FRSC

Our Gardeners Fair had all the ingredients for a successful event, good weather, a wonderful array of plants, a multitude of people willing to purchase either plants or refreshments or both. The fundraising team would like to thank all who have worked so hard all year, sowing and nurturing seedlings to fruition and also to the Atwick Road Allotment holders who donated items to this event. Also to our willing helpers and cake makers; none of this could happen without your support which managed to raise £550.

Our diners were treated to musical accompaniment which they thoroughly enjoyed, when Mike Raine came to ‘practice’ on the grand piano ready for the following Saturday.

However, the Musical Soiree saw a very small audience which was disappointing as Mike who plays medleys with such enthusiasm with interjections of his humour, really deserved more. The select few who attended thoroughly enjoyed the evening which was helped along with Fairtrade wine and nibbles.

Mike, who gave this services free of charge, is eager to return and when he does it will most likely be an afternoon performance with light refreshments.

The next major event is the **Carnival on Saturday 20 July 10.00am - 2.00pm** with a tombola, refreshments and light lunches. We really need your help with both tombola and raffles prizes. The usual plea goes out for cakes and sandwich fillings which we whole heartedly appreciate. Please see any of the Fundraising team, thank you for your continuing support.

June Barton

Friendship Hour

The Friendship Hour will meet twice in July, on Wednesday 10th, when Paul Schofield will talk about Hull City of Culture and on Wednesday 24th when Susan Marr will talk about Life in the Middle East. Both fascinating topics which along with a friendly gathering make for a good afternoon out.

Carnival Time

July is Carnival Time in Hornsea, and Christians Together in Hornsea are going to present an Act of Worship in the midst of activities on **Sunday 21st July**. It will be held in the main arena in Hall Garth Park at 12.00 p.m.

It falls to Hornsea URC to lead this years service, the Parish Church leading last year and the Methodists in 2017. All Christians in Hornsea are invited to take part and it is a wonderful opportunity to share our faith with others.

If you would like to be part of the planning team; take part in the service by reading, providing music or simply handing out booklets – please have a word with Margaret K. We really do want to make a joyful noise!



Healthy Lifestyle Sessions

To date, 22 Healthy Lifestyle Sessions have been held including topics such as Chair Exercises, Reflexology, Relaxation, Aromatherapy, Emotional Wellbeing, Healthy Eating, Overcoming Loneliness and Isolation. These sessions are designed to help and support anyone who wants to promote their own Health and Wellbeing by making appropriate choices in a friendly and supportive environment.

At the request of participants these sessions will continue over the summer months on the following dates:

- Friday 28th June
- Fridays 12th and 19th July
- Fridays 2nd, 16th, 23rd August

These sessions are held between 10am and 12noon in the Church Hall in New Road where you will be assured of a warm welcome whether you drop in to find what it is all about or stay for the whole session.

Any further information can be obtained by contacting David on 07956 924335 or by email to sarah.darlington538@gmail.com

“TECH SURGERIES” - OPEN TO ALL

- TIME: 10am to 12noon
- DATES: 26th July
30th August
- PLACE: Hornsea URC Hall

Come along for help and advice with any kind of device including Smart Phones, Androids, iPads, Kindles, Laptops, or any “tech” queries. All welcome- don’t go on suffering from Digital Exclusion!

Hornsea Music Festival

Wednesday 3rd – Saturday 6th July
Taking place across FOUR venues in Hornsea including the URC

Traidcraft

Traidcraft's resident Nigella Lawson, Helen, has been known to cause quite a stir in the office due to her baking wizardry. This month, Helen has kindly shared her Welsh tea bread recipe with us. Moist, fruity and just the right amount of sweet, it's the perfect accompaniment to your mid-morning cuppa.

Helen's Welsh Tea Bread**Ingredients**

400g mixed fruit (I use Traidcraft raisins, sultanas, pineapple and apricots)

75g dried cranberries

Mug of hot, strong Traidcraft tea

100g butter or margarine

2 heaped tablespoons of Traidcraft marmalade

2 large eggs, beaten

450g self-raising flour (*or a mix of white and wholemeal*)

175g Traidcraft light brown, soft sugar

2 teaspoons of mixed spice

4 tablespoons of milk

1 tablespoon of Traidcraft Demerara Sugar (*optional*)

Method

1. Mix together the dried fruit and cranberries in a large bowl, then pour the hot tea over. Cover with cling film and leave to soak overnight.

2. Pre heat oven to 160°C (fan) or 180°C/gas mark 4. Butter and line the bottom of a 900g/2lb loaf tin with baking parchment.

Melt butter and marmalade together in a pan. Leave to cool for five mins, then beat in the eggs. Drain any excess tea from the fruit. Mix the flour, sugar and spices together, then stir in the fruit, butter mix and milk until evenly combined. The batter should softly drop from the spoon – add more milk if needed.

3. Spoon into the tin and level the top. Sprinkle with the Demerara sugar (if you like a crunchy top!) and bake for 1-1¼ hrs until dark golden and a skewer inserted comes out clean. Cover loosely with foil if it starts to over-colour before the middle is cooked. Leave to cool completely in the tin and serve sliced. Drizzle with lemon water icing to decorate if liked.

Prayer Network – Prayers for Concern in July

The Political leadership of the United Kingdom.
Visitors to Hornsea and for people visiting friends.
For those preparing summer events like the panto, carnival, biker event, etc.
For peace in the Gulf and conflict around the world.

Heavenly Father,
We pray for our own local community
We confess our own failings and lack of compassion and love.
We thank you that you forgive our failings and we ask you to graciously give us a spirit of love and forgiveness, that sees only the good in each other, that bears no grudges, and forgives all grievances.
May we learn to forgive even as you have forgiven us that we may live together in unity.
Amen



Sunday 7th July – Bring and Share

Worship

Sunday	7	10.30 a.m	Worship Team
		6.30 p.m.	Joint at the Methodist Church
	14	10.30 a.m.	Worship Team: (Communion)
	21	10.30 a.m.	Worship Team
		6.30 p.m.	James Seager Joint Communion at URC
	28	10.30 a.m.	Worship Team

Events

Wednesday	3 -	Saturday 6 th	Hornsea Music Festival
Sunday	7	11.45 a.m.	Church Lunch
Wednesday	10	2.00 p.m.	Friendship Hour Hull City of Culture – Paul Schofield
Wednesday	10	7.30pm	Elders' Meeting
Saturday	13	10a.m – 1pm	Quiet Day at Eastgate Convent
Saturday	13	10am - 12pm	Pop-In Coffee Morning
Friday	19 -	to Sunday 21	Hornsea Carnival
Saturday	20	10am - 1pm	Bric a Brac and light lunches
Sunday	21	2.00pm	Band Concert in the Memorial Gardens
Wednesday	24	2.00pm	Friendship Hour Life in the Middle East – Susan Marr
Saturday	27	9.30 a.m. to 1.30 p.m.	Local Market - Cinema Street

August/September Newsletter .If you are thinking of putting something in the next **2 month** Newsletter, please speak to Margaret or email (s.knapton749@btinternet.com) **NOW** so space can be reserved. **After the deadline is too late to save space Last date Thursday 11th July. Issue should be available Sunday 28th July or maybe earlier online.**